



Attachment: Concepts and Patterns DVD

Dr. Carol George
Mills College

FOR PURCHASE

This DVD seminar provides an *in-depth overview* of the principles of attachment theory. This 6-hour DVD in four chapters provides a sound conceptual foundation for understanding what it means to be securely or insecurely attached. Topics include: John Bowlby's biologically-based framework of human attachment, mental representation, and the attachment approach to understanding defensive processing. Individual differences in attachment patterns are highlighted with behavioral and representational assessments of secure, avoidant, ambivalent-resistant, and disorganized/controlling infants and children. This background is vital to understanding how to apply developmental attachment assessments to all ages, especially using the *Adult Attachment Projective Picture System* (AAP, George & West, 2012), the *Adult Attachment Interview* (AAI, George et al., 1984/1985/1996), and the child *Attachment Doll Play Procedure* (1995).

This DVD course is intended for researchers and mental health professionals that would like to integrate attachment into their work. **The DVD course can be used as the equivalent to the AAP Pre-Training Workshop**, required in advance of formal AAP training. For more information about AAP training, please visit www.attachmentprojective.com.

Dr. Carol George is Professor of Psychology at Mills College in Oakland, CA, and is an international expert in attachment theory and assessment. She has taught attachment and assessment for over 25 years. Dr. George has developed and validated assessments for children and adults following the Bowlby-Ainsworth tradition, including the child *Attachment Doll Play Procedure*, the *Adult Attachment Projective Picture System* (AAP), the *Adult Attachment Interview* (AAI), the *Caregiving Interview*, and the *Caregiving Helplessness Questionnaire*. Dr. George's publications include three books – *Attachment Disorganization* (1999), *Disorganized Attachment and Caregiving* (2011), and *The Adult Attachment Projective Picture System* (2012), all published by Guilford Press. She also serves as clinical consultant for integrating attachment into research, psychotherapy, parent evaluation, and infant mental health.

Order Information: The DVD is \$75. To order, please email 'aapinfo@comcast.net' or mail check payment to Dr. Carol George, P.O. Box 6001, Moraga, CA 94570. PayPal Accepted – Add \$3 for PayPal processing fees.