Lis, A., Mazzeschi, C., Di Riso, D., Salcuni, S. (2011). Attachment, assessment, and psychological intervention: A case study of anorexia. *Journal of Personality Assessment*, 93, 434-444.

## **Author Abstract**:

Attachment patterns and personality dimensions have always been considered important to the development and adaptation of the individual. The first aim of this article was to address some basic questions about the place of attachment in a multimethod assessment when compiling a complete picture of the patient's personality functioning. The second aim was to present the Adult Attachment Projective Picture System (AAP; George & West, 2001) as a valid and productive assessment measure. Based on a single case study of an anorexic young woman, the article demonstrates how the AAP is integrated with the Rorschach Comprehensive System (Exner, 1991, 1993) and other assessment tools in both the assessment and in developing a treatment plan.